



***Heart Failure Patients Given Discharge Instructions**

Heart failure is a chronic condition. It results in symptoms such as shortness of breath, dizziness, and fatigue. Before you leave the hospital, the staff at the hospital should provide you with information to help you manage the symptoms after you get home. The information should include instructions for:

- activity level (what you can and can't do)
- diet (what you should, and shouldn't eat or drink)
- medications
- follow-up appointment
- watching your daily weight
- what to do if your symptoms get worse

**Data Source: Hospital Compare Website, National and State Averages are also taken from the Hospital Compare Website for the period October 2009 through September 2010*